



2018/19 PLAYER DEVELOPMENT CAMPS



If you want help to achieve your goals, then get along to Inside Running Academy. Great team, great facilities and great programme.

LIAM MESSAM

SEVEN UPCOMING CAMP OPTIONS: 2018/2019

NOV & DEC 2018

OFF-SEASON PLAYER DEVELOPMENT CAMP BOYS ONLY

Players can join this Camp for a duration of 2 weeks through to the full 5 week period. Start dates are flexible, (with all duration bookings starting each Sunday within the Camp period).

Dates:

Sunday: 11, 18 & 25 November 2018
Sunday: 02 December 2018

Camp Cost:

2 weeks: NZ\$2400 4 weeks: NZ\$4400
5 weeks: NZ\$5200
See * Camp Inclusions

Availability:

This Camp is **capped at 20** participants — and is selling out fast.

DECEMBER 2018

5 DAY INTENSIVE CAMP BOYS & GIRLS

These intensive 5-Day Camps are targeted at high school aged players. Open to both boys and girls, the Camps are a sensational way to experience Academy life for a short rugby-focused period at the start of summer holidays.

Dates:

Monday 10 – Friday 14 December 2018

Camp Cost:

NZ\$850 incl accom & most meals
NZ\$600 excl accom & meals

Availability:

We have **already filled several spaces.**

JAN – MARCH 2019

PRE-SEASON PLAYER DEVELOPMENT CAMP BOYS ONLY

Running for 12 weeks across January through to March 2019, players can join this Camp for any duration from 4–12 weeks in total.

Dates:

Commencing every Sunday throughout January to March 2019

Camp Cost:

4 weeks NZ\$4700 6 weeks NZ\$7050
8 weeks NZ\$9400 12 weeks NZ\$12840
See * Camp Inclusions

Availability:

In hot demand... **only five spaces remain!**

JAN – MAY 2019

GAP YEAR CAMP BOYS & GIRLS

A comprehensive high performance Camp that players can join for 12 or 20 weeks in duration.

This Camp has a strict entry criteria.

Please enquire for more information.

Dates:

To commence Sunday 06 January 2019. Enquire for further start dates if required.

Camp Cost:

12 weeks: NZ\$12840 20 weeks: NZ\$21400

Availability:

An extremely popular and successful Camp, and **only seven FIVE spaces remain.**

APRIL 2019

5 DAY INTENSIVE CAMP BOYS ONLY

An intensive 5-Day Camp, targeted at high school aged players.

Open to boys only, this Camp is a sensational way to experience Academy life for a short rugby-focused period during the April school holidays.

Dates:

Monday 22 April – Friday 26 April 2019

Camp Cost:

NZ\$910 incl accom & most meals
NZ\$642 excl accom & meals

Availability:

20 spots available **but will sell out quickly.**

JUN–AUG 2019

PLAYER DEVELOPMENT CAMP BOYS ONLY

Be quick as these Camps sell out exceptionally fast. Choose a duration of 4, 6 or 8 weeks with elective start dates on any Sunday, June – August.

Dates:

Commencing every Sunday throughout June and August 2019

Camp Cost:

4 weeks NZ\$4700 6 weeks NZ\$7050
8 weeks NZ\$9400
See * Camp Inclusions

Availability:

Now is the time to book as these Peak Season Camps fill **FAST!**

JUN–AUG 2019

PLAYER DEVELOPMENT CAMP GIRLS ONLY

Open to girls aged 14+, this intensive 4–8 week programme is designed to provide aspiring female rugby players with an opportunity to experience life as a full-time athlete. We also use this Camp as part of the entry criteria for the GAP Year programme.

Dates:

Commencing every Sunday throughout June, July and August 2019

Camp Cost:

4 weeks NZ\$4700 6 weeks NZ\$7050
8 weeks NZ\$9400
See * Camp Inclusions

Availability: Limited to 20 athletes.

*** CAMP INCLUSIONS:**

Accommodation. Meals: Breakfast / lunch on a self-catered basis. Supplements: As prescribed by our Head S&C Coach. Samurai Training apparel. Transport to and from sessions. Gym membership. Club placement and subscriptions paid. All training sessions and coaching/staff expertise. Transfers from Tauranga Airport / Bus Station.

Excludes:

Flights to and from New Zealand, evening meals and spending money.

Check out life at Inside Running Academy via our social media channels:



Availability is changing daily

BOOK NOW TO SECURE YOUR PLACE!
For more info & how to enrol contact:

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**INSIDE RUNNING
ACADEMY**

The Ultimate Rugby Development Experience

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